








# SAMPLE WEEKLY *programme*

Sample weekly programme							
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Wake-up 7:00 / Breakfast 7:30 - 8:30 ☺							
9:00 - 12:50	Full day excursion	Class Session 1	Class Session 1	Class Session 1	Class Session 1	Class Session 1	Full day excursion
		Class Session 2	Class Session 2	Class Session 2	Class Session 2	Class Session 2	
Lunch 13:15 - 14:30 🍴							
14:30 - 19:30	Aquila Safari Park 	Art Museum & Art Jamming 	Langa Township 	Museum 	Table Mountain 	Peninsula Tour 	Robben Island and V&A Waterfront 
Dinner 19:30 - 20:30 🍽️							
20:30 - 22:00 Guided Evening Activities							
Lights out 22:15 🌙							

## SOME OF OUR CAPE TOWN ACTIVITIES

